Pharmacist-Partnered PrEP Delivery

Iowa’s utilization of collaborative practice agreements to address/overcome provider shortages in a rural state.

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Overview

• Why Iowa? Then, How.
• Two-Approaches in Pharmacist Delivery.
• Review of Iowa clinic set-up processes.
• Questions & Discussion.
42 year old MSM (non gay/bisexually identified) in a primary relationship with a female. MSM contact occurs infrequently with reported use of barrier method >90% of the time. Travels 75+ miles to access rapid HIV screening services on a regular basis (even with a CTR Site in his local jurisdiction) for fear of disclosure by a service provider within his community.

29 year old gay-identified MSM in an open relationship. Highly concerned with HIV infection with multiple reported condom failures. Primary care provider refused to prescribe and monitor PrEP regimen due to lack of awareness/knowledge. Counseled patient to reduce number and frequency of partners and rely on traditional prevention methods.
Individuals are traveling long distances to see a provider.

Primary care provider discomfort with prescribing PrEP is overburdening those who are.

Individuals are hesitant to be seen accessing PrEP in local communities.

- Long wait times to be seen
- Long distances for access
- Stigma

BARRIERS
Iowa’s use of collaborative practice

- Protocol driven
  - USPHS/CDC guidelines
  - Approved by UIHC Pharmacy & Therapeutics Committee

- Collaborative practice agreement
  - Create formal relationships between MDs-PharmDs that allow for expanded services the PharmD can provide to patients
  - State-specific

Two-Pronged Implementation

**Legal & Institutional**
- UIHC Collaborative Practice Agreement

**Clinics & MDs**
- TelePrEP Clinic
  - Dr. Ohl
- LGBTQ+ Clinic
  - Dr. Imborek

**Pharmacy Providers**
- Angie
- Dena
- Michelle
Pharmacist follow-ups allows providers in this clinic to see more ‘initial’ patients/reduces appointment wait times while still providing comprehensive primary care to each patient.
TelePrEP

Public Health Screening and Referral

Community Advertising and Networking

In-home Vidyo Visit

Provider Outreach

Local labs

Medication by Mail