

PrEP Navigator Peer-to-Peer Group

September 26, 2023

Welcome and Introductions

PrEP Navigation Peer-to-Peer Group



Rodderick Sheppard
Pronouns (He/Him/His)
Manager, Prevention
rsheppard@nastad.org



Nicole Elinoff, MPH, CPH, CHES
Pronouns (She/Her/Hers)
Senior Manager, Prevention
nelinoff@nastad.org



Cody J. Shafer-Fritz
Pronouns (He/Him/His)
Consultant
cody.j.shafer@gmail.com

For more information regarding the PrEP Navigation Peer-to-Peer Group at NASTAD please feel free to contact us.

Agenda

- Review the purpose and goal of The PrEP Navigator Peer-to-Peer Group
- PrEP Navigation within PrEP Clinics and Mobile Health Initiative presented by Kevin Contreras and Nancy Gadson
- Brief overview of PrEP delivery models
- Break out session with post-session group discussion
- Next steps and closing remarks

Purpose and Goal of PrEP Navigator Peer-to-Peer Group

- The PrEP Navigator Peer-to-Peer Group is a space for EHE 1 Phase Jurisdictions, NASTAD members, and community-level staff for PrEP Navigators to meet and discuss topics impacting PrEP access, share resources, and learn from each other's experiences.

September 26, 2023

PrEP Navigation at Whitman Walker Health

Nancy Gadson, Bi-lingual PrEP Navigation Care Coordinator

Kevin Jordan Contreras, Prevention Programs Manager

Juan Carlos Loubriel He-Him El, Sr. Director of Community Health and Wellness



Background: nPEP & PrEP at Whitman Walker Health (WWH)

Goal:

Reduce the number of new HIV infections among MSM, transgender people, and youth in DC by increasing nPEP and PrEP uptake in these communities.

- Health Educators include nPEP/PrEP information in all community and social media outreach
- Health Educators offer nPEP/PrEP education to all clients when they present for integrated HIV/STI testing
- Community Health and Sexual Health Clinic staff members conduct a risk assessment questionnaire to evaluate nPEP/PrEP eligibility for each client
- Medical providers continue administering a sexual behavior and risk factor screening for all clients, which serves as an indicator for PrEP eligibility
- Status Neutral Approach

Whitman-Walker Health's PrEP Clinic

TAKING PrEP HAS NEVER BEEN SO EASY!

OUR **PrEP CLINIC** SAVES YOU TIME, MAKING IT EASIER FOR YOU TO START AND STAY ON PrEP.



PrEP

Our PrEP Clinic combines your medical and pharmacy visits into one simple stop! Each appointment is about 20 minutes long and includes your lab work, as well as being given your PrEP medication, all in the same visit.

A PrEP CLINIC VISIT IS AS EASY AS 1, 2, 3!



1.

COMPLETE YOUR LAB WORK

We will conduct all of your lab work, including HIV and STI testing.



2.

GET YOUR PrEP MEDICATION

If you wish to obtain your medication from the Whitman-Walker Health pharmacy, you can skip the usual line. Our team will have your prescription ready and waiting for you at your appointment.



3.

RECEIVE YOUR NEXT APPOINTMENT

PrEP Clinic staff call you to schedule follow-up appointments every 3 months.

Contact the Whitman-Walker PrEP Clinic today!
Call **202.939.7690** or email prepclinic@whitman-walker.org



WHITMAN-WALKER HEALTH
We see you.

THE EFFECTIVE MEDICATION THAT CAN HELP PREVENT HIV



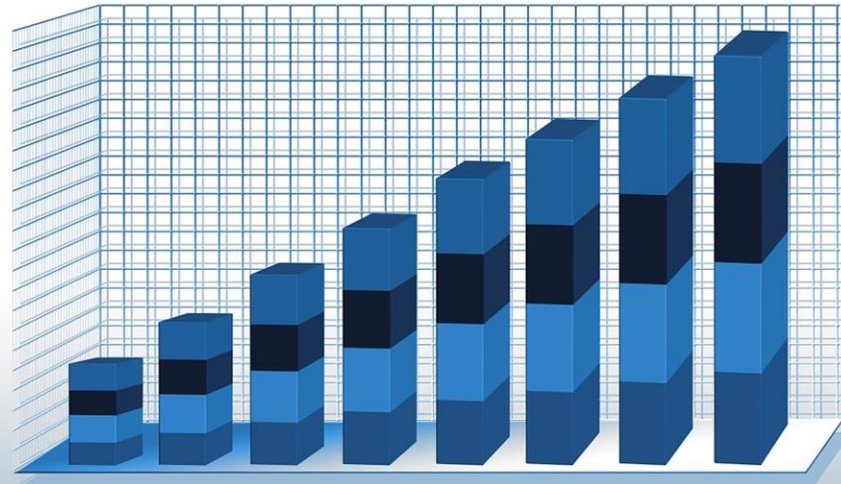
PrEP CAN BE PILLS OR SHOTS THAT **REDUCE YOUR CHANCES**

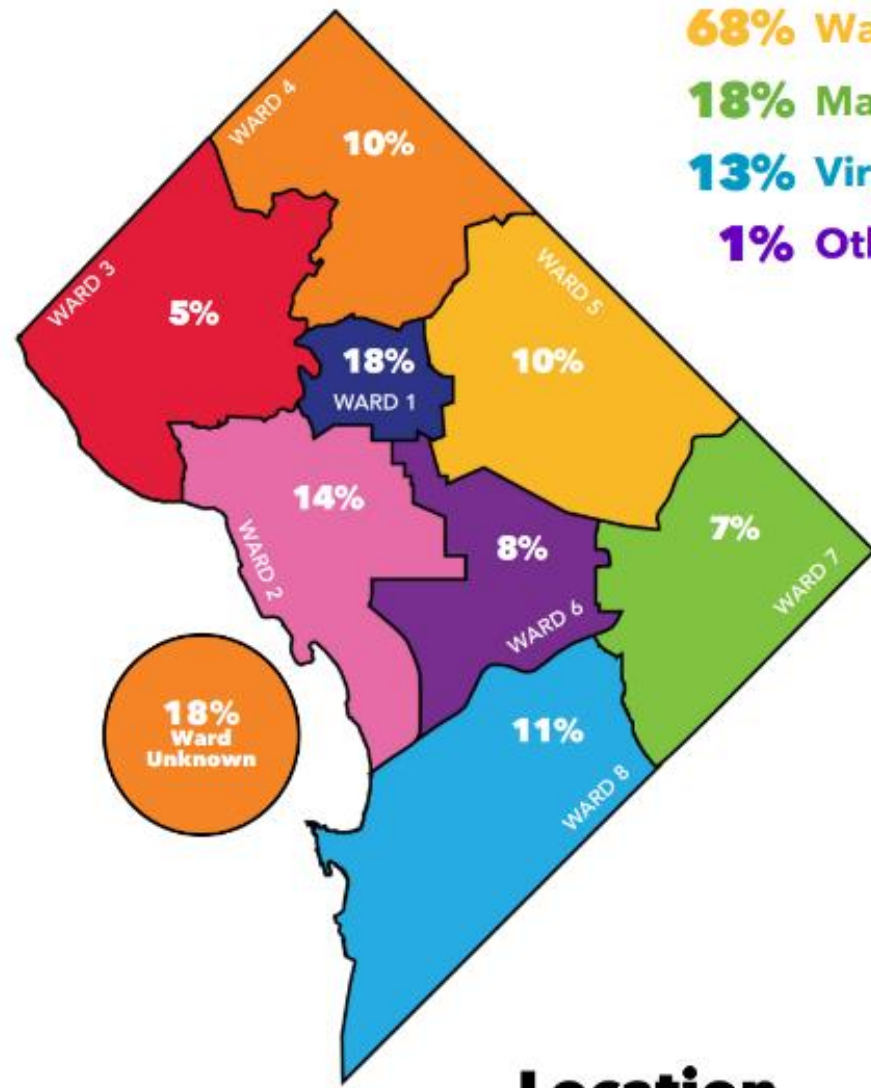


WHITMAN-WALKER HEALTH
We see you.

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Some Stats!

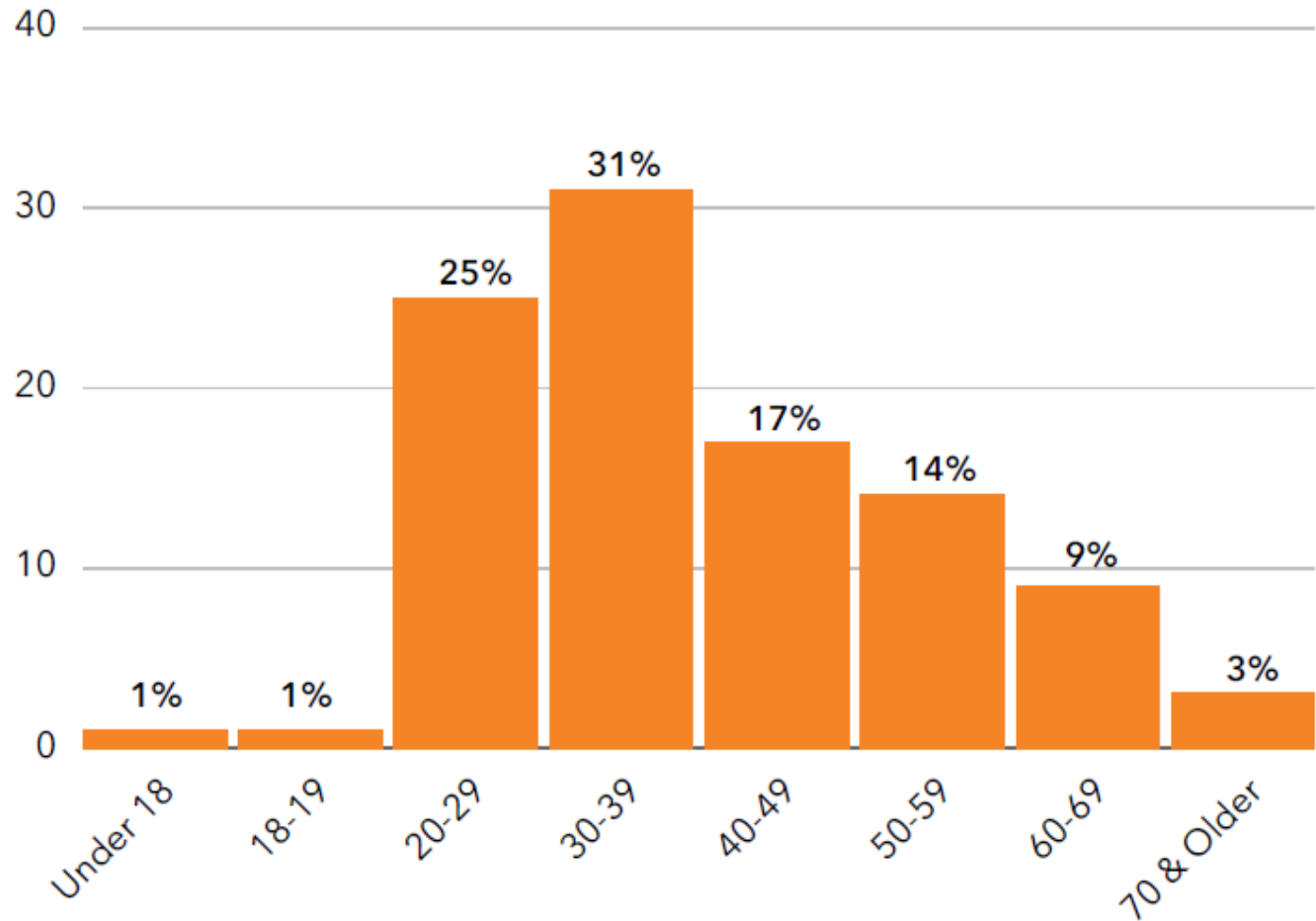




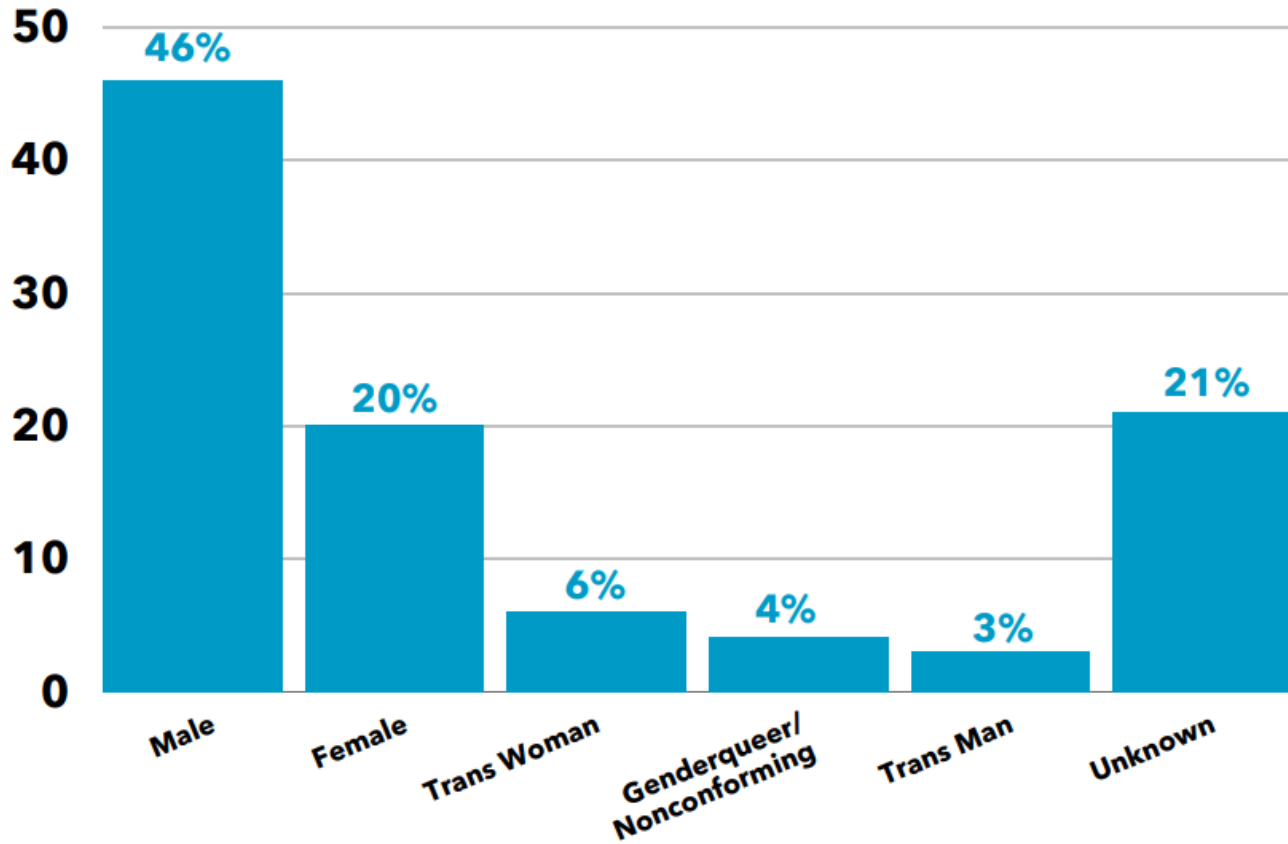
68% Washington, DC
18% Maryland
13% Virginia
1% Other

Where Do WWH Patients Live?

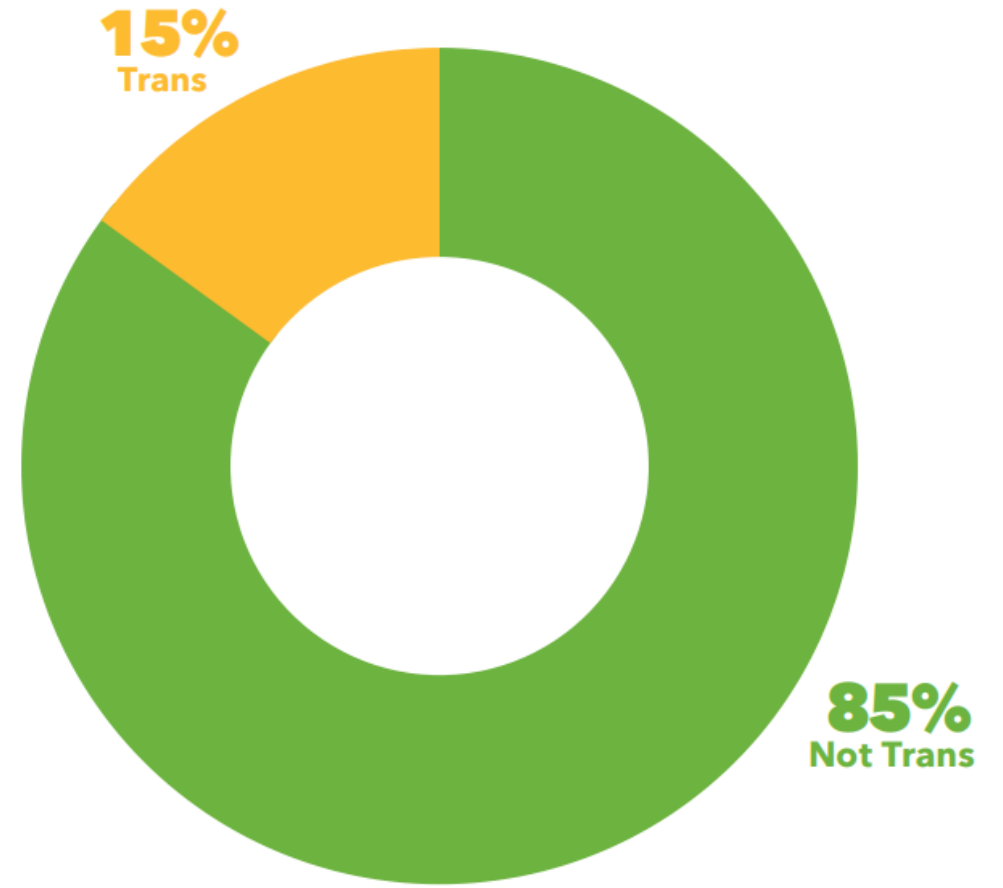
Location



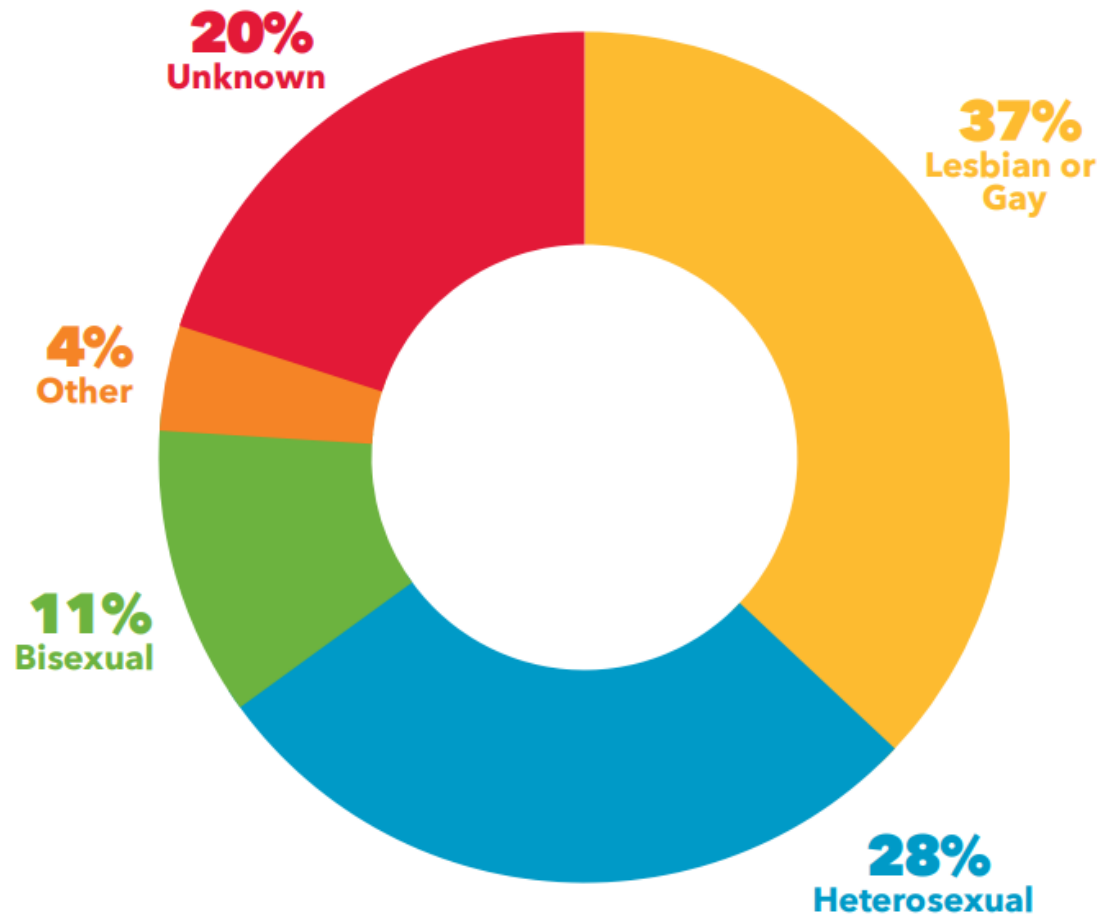
Patients by Age



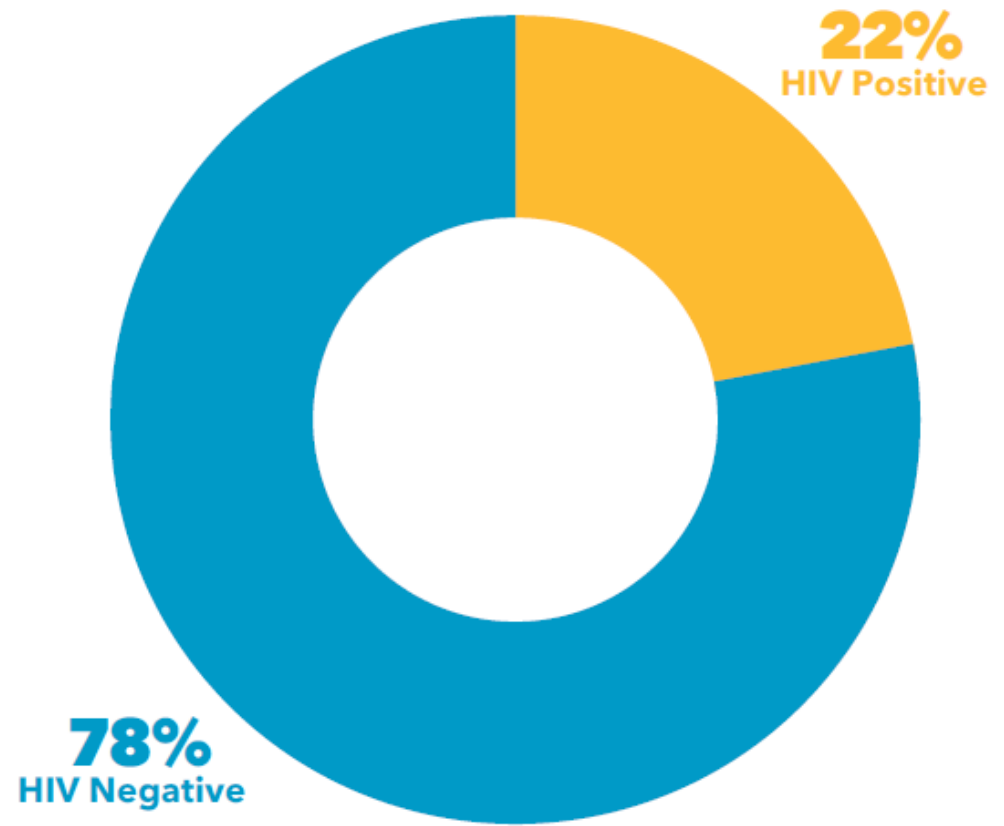
Gender Identity



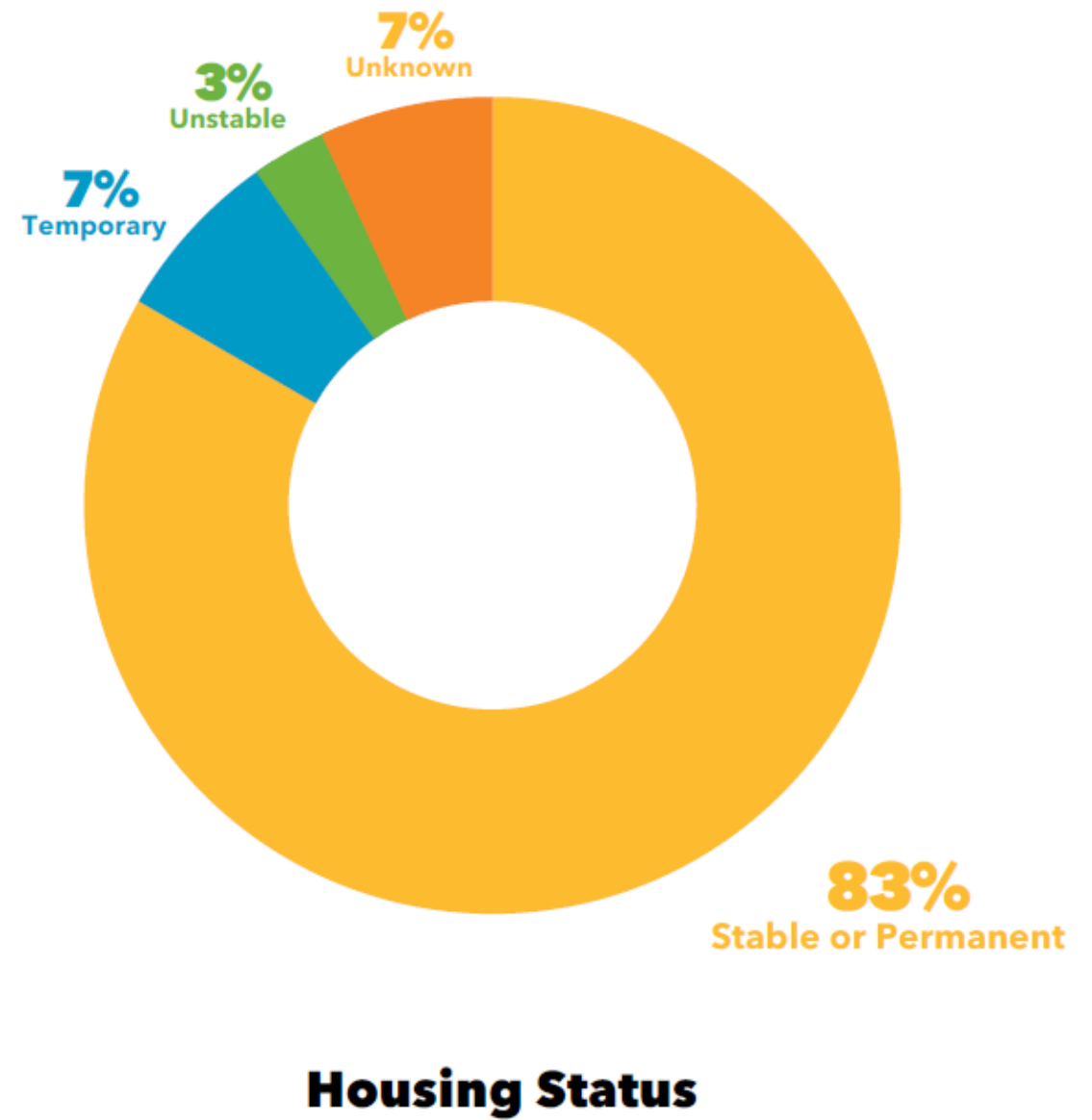
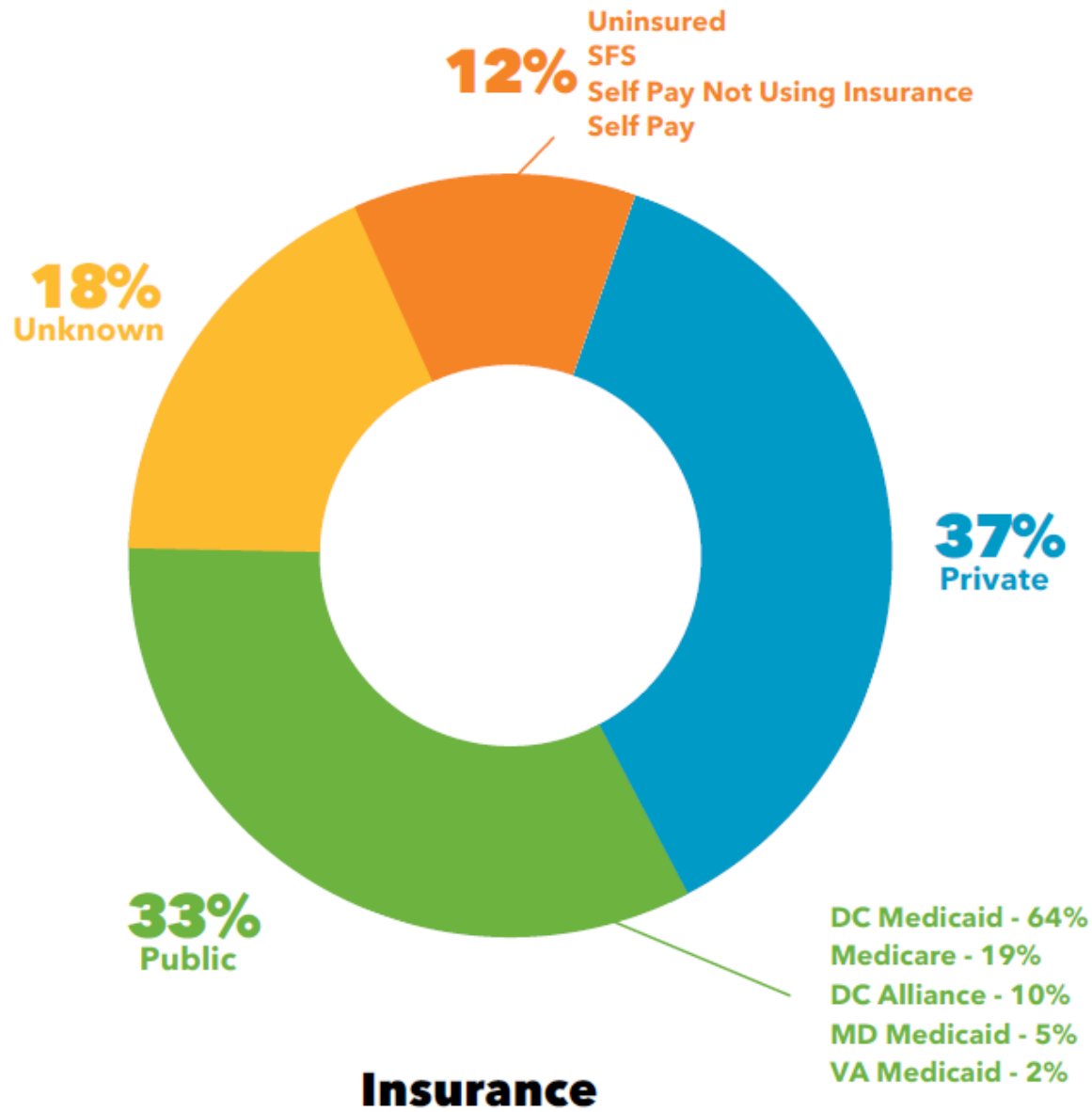
Identify as Transgender

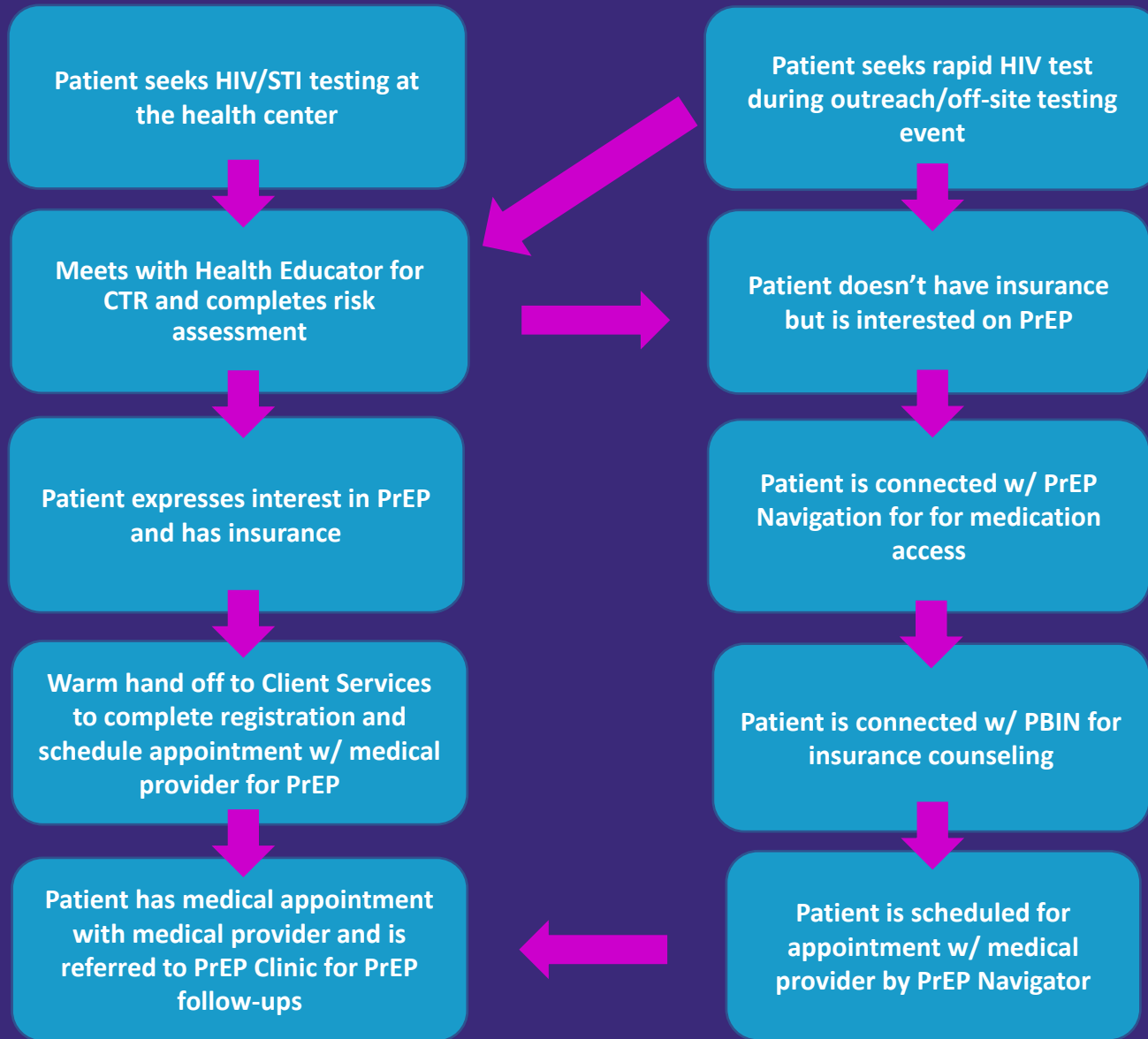


Sexual Orientation



HIV-Related Care





Accessing PrEP at Whitman Walker Health



Expanded PrEP Navigation at Whitman-Walker Health

PrEP Navigation Services Program

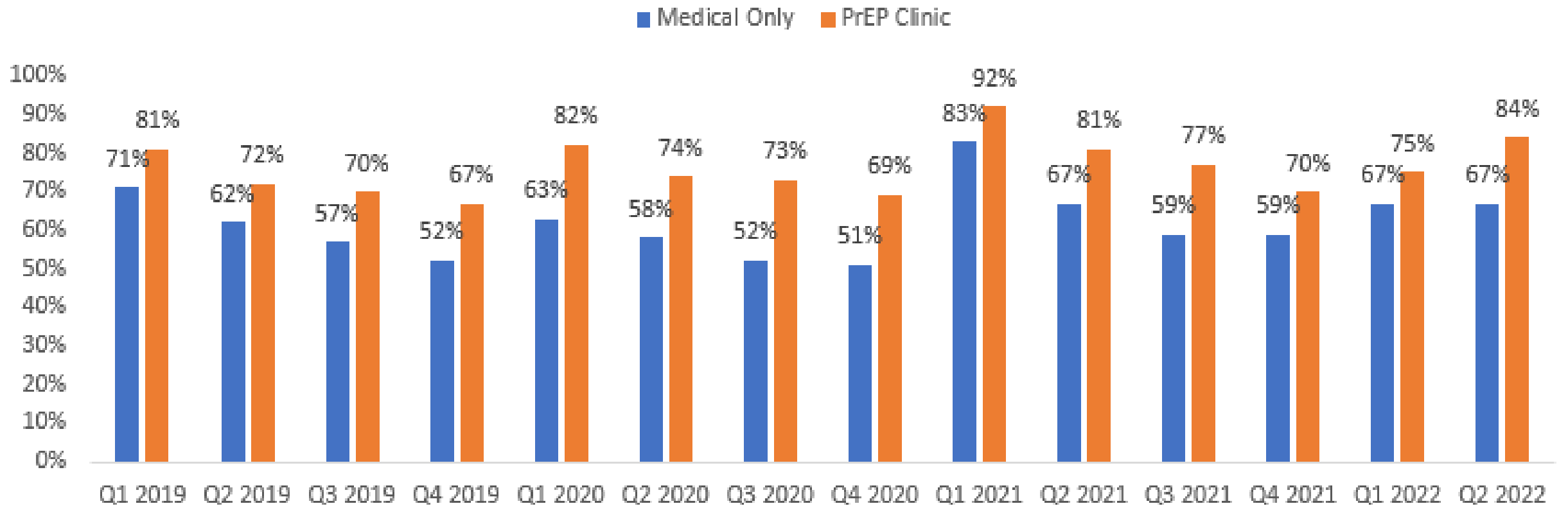
- Specialized youth-focused PrEP Navigation
- Assistance for eligible HIV- negative patients who are uninsured/underinsured to cover the cost of PrEP medication
 - Application support for Patient Assistance Programs where necessary
- Patient centered Adherence and Retention support for vulnerable patients
 - Concierge and case management service model
- Assistance and Navigation with Rapid PrEP Start through the Mobile Health Initiative (MHI) for uninsured and under-insured patients

PrEP Navigators

- **Educate** all PrEP patients about stigma, help them learn how to combat it with various proven techniques, and provide referrals to psychosocial support programs
- **Enhance** WWH's capacity to facilitate the movement of all patients through the care continuum and prevent loss to follow-up
- **Join other clinical staff and peers** to facilitate psychosocial support programs for individuals vulnerable to HIV

Quarterly PrEP Rx Retention

PrEP Rx Retention Rate: Medical Only vs PrEP Clinic
2019-Q2 2022



Meeting people where they are: the Mobile Health Initiative (MHI) program

- Free consultation with a WWH provider
- Free blood pressure reading
- Free HIV/STI testing screening and treatment
- nPEP access
- Rapid PrEP start
- Linkage to care and other support services



Injectable PrEP (Apretude) at WWH



Whitman-Walker's PrEP Clinic is now offering FDA-approved long-acting injectable PrEP with Apretude for insured patients whose health insurance plans cover Apretude under medical or pharmacy benefit



Patients who are uninsured or who have insurance plans that do not cover Apretude are encouraged to consider oral PrEP with support to identify and problem-solve barriers to using oral PrEP



Offered on Tuesdays and Thursdays as an adjunct to regular PrEP Clinic hours



PrEP Navigators schedule patients for injections once insurance approves coverage



PrEP Specialists (trained Community Health Workers specializing in HIV prevention) administer injections

Apretude Access and Care Coordination

- WWH medical providers discuss LAI CAB (via telehealth or in person) with at-risk persons who are new or experienced with oral PrEP (initiation or switch).
- Medical Providers order an HIV Ab/Ag test, write a test script if HIV-negative, & schedule a Specialist injection visit (by PrEP Navigators) if medications are covered by an entity (i.e., insurance, manufacturer, other)
 - Providers prescribe at least 30 days of oral PrEP for bridging during missed appointments.
 - Clients can visit their medical providers for acute visits and primary care needs.
 - PrEP Specialists also discuss LAI CAB with their current oral PrEP clients or new clients and schedule a medical provider televisit for further LAI CAB discussions and a prescription.

Best Practices: Anticipating Access and Adherence-related barriers



Insurance-related barriers are a big reason for individuals at risk of acquiring HIV not starting PrEP or falling out of PrEP care.

PrEP Navigators assess medication coverage for uninsured clients and provide application support for Patient Assistance Programs when appropriate



Continuing to monitor insurance and coverage changes is key. Apretude is still a new therapy and coverage by payors isn't always guaranteed

This is further exacerbated by the transient nature of our patient population in the DMV

PrEP Navigators provide personalized patient care support in a similar style of non-medical case management, striving for a status neutral approach



Real time tracking of appointment windows and utilizing software platforms to decrease missed appointments.

PrEP Navigation: Challenges and Successes

Successes

- iAssist – Allows PrEP Navigators to better assist the patient to apply for Gilead Patient assistance programs and secure approvals more quickly.
- PrEP Starter Package (provided by Gilead) – Assists patients experiencing challenges obtaining PAP approvals or insurance coverage.
- Text Message “Artera” Campaign – Informs patients about injectable PrEP.

Challenges

- Insurance Coverage –Advancing Access sometimes detects insurance coverage. To prevent this, PrEP Navigators have been reaching out to schedule PrEP starts to complete the PAP application ahead of time to anticipate any barriers before the appointment.
- Insurance Coverage through Specialty Pharmacy – If patient's insurance is through CareMark, PrEP Navigators have to order the injection through CVS specialty pharmacy. CVS Specialty pharmacy reps provide conflicting directives at times, which will then create delays for access to medication for the patients.

Questions?

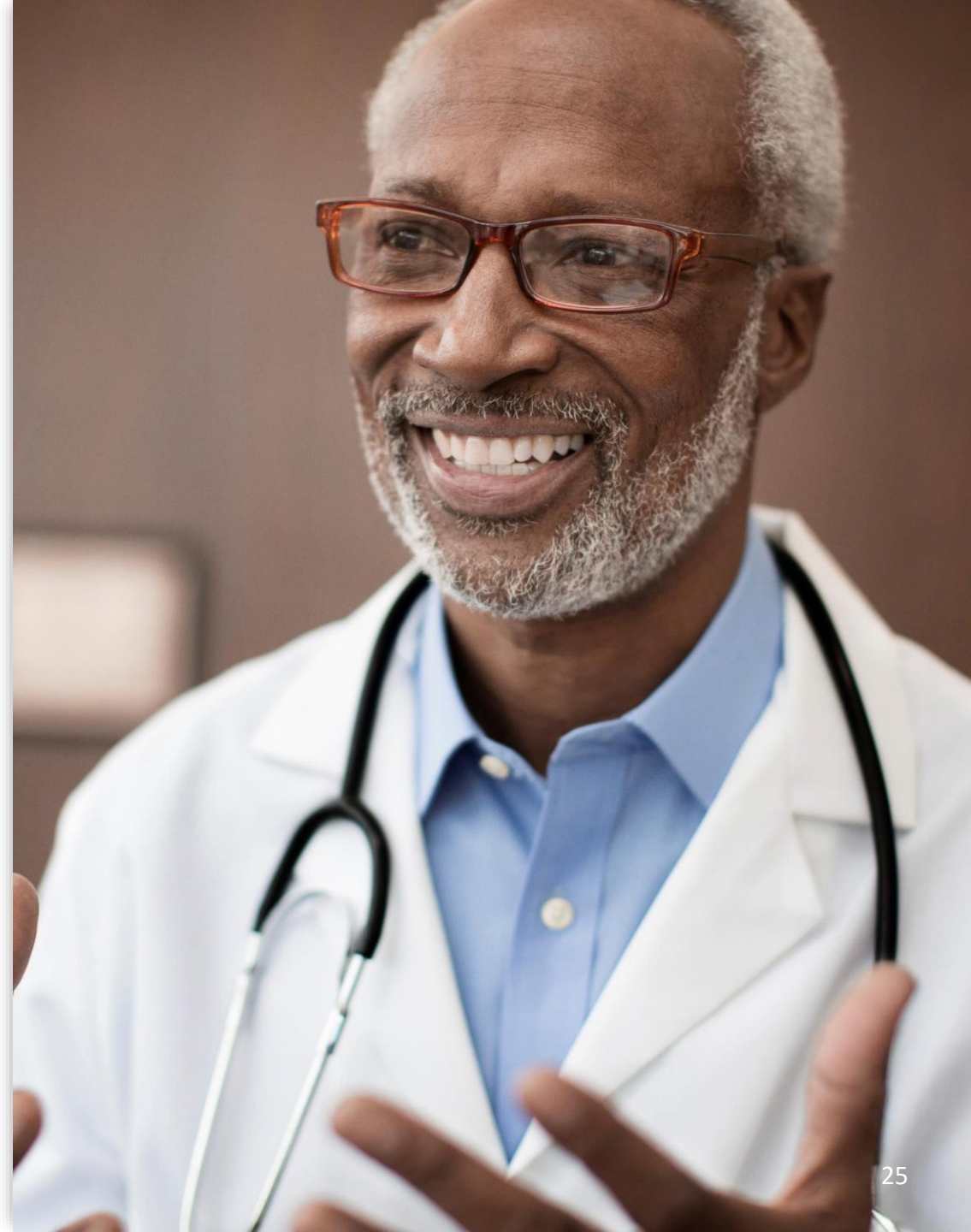
Ask us about PrEP!



Thank you!

PrEP Delivery Models

- Traditional Medicine + Programs
- State Department of Health Programs
- Public Health Extension
- Contracted/Private





Breakout Group Questions

- What are your PrEP delivery models?
- How many ways can PrEP be accessed through your program?
- Where does PrEP Navigation fit into your PrEP Models?
- Where are your opportunities within your PrEP Delivery Models?
- What additional TA do you need to scale up different delivery models?

Question?
Comments.
Let's Chat.



Next PrEP Navigator Peer-to-Peer Group

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- Date – November 2023
 - NASTAD will release a memo with the new confirmed date and registration.

Stay Updated! NASTAD PrEP Access Listserv Sign-up



SCAN ME

TA Assistance

NASTAD provides technical assistance for EHE 1 Phase Jurisdictions and NASTAD members.

