

PrEP Navigator Peer-to-Peer Group

May 9, 2023

Welcome and Introductions

PrEP Navigation Peer-to-Peer Group



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For more information regarding the PrEP Navigation Peer-to-Peer Group at NASTAD please feel free to contact us.

Agenda

- Review the purpose and goal of The PrEP Navigator Peer-to-Peer Group
- PrEP Cost-Sharing presentation by Amy Killelea
- Q&A session and facilitated discussion.
- Mentimeter Survey
- Next PrEP Navigator Peer-to-Peer Group Session July 2023

Purpose and Goal of PrEP Navigator Peer-to-Peer Group

- The PrEP Navigator Peer-to-Peer Group is a space for EHE 1 Phase Jurisdictions PrEP Navigators to meet and discuss topics impacting PrEP access, share resources, and learn from each other's experiences.

PREP COVERAGE AND COST- SHARING REQUIREMENTS

Amy Killelea

May 9, 2023

**LAY OF THE LAND:
PREP INSURANCE COVERAGE**

COVERAGE SOURCES FOR PEOPLE WITH PREP INDICATION

Exhibit 1 Estimates of insurance status and preexposure prophylaxis (PrEP) costs, by HIV transmission risk group, United States, 2018

Population inputs	Total	MSM	HET women	HET men	PWID
No. of adults with PrEP indications	1,216,210	851,240	188,020	86,660	87,530
Insurance status (%)					
Private	63.6^a	70.9	56.4	56.7	17.6
Public	20.6^a	15.1	28.4	19.1	59.7
Uninsured	15.5^a	14.0	15.2	24.2	22.7

Source: Robert A. Bonacci, Michelle Van Handel, Rebecca Huggins, Seidu Inusha, and Dawn K. Smith, *Estimated Uncovered Costs For HIV Preexposure Prophylaxis In The US, 2018*, Health Affairs, Vol. 42, NO. 4 April 2023.

DEFINING (AND COSTING OUT) THE PREP INTERVENTION

Table A. Costs and Utilization Assumptions for PrEP and Associated Services for People without Insurance

Service	Undiscounted Costs	Frequency	Annual Undiscounted Costs
Medication			
TDF/FTC	\$1,790.91	Monthly	\$21,490.92
F/TDF	\$1,875.93	Monthly	\$22,511.16
Generic TDF/FTC	\$35.37	Monthly	\$582.12
Laboratory Tests			
Baseline HIV test (no copay)	\$138.50	Quarterly	\$554.00
Hepatitis B Surface Antigen (no copay)	\$53.00	Once (initial visit)	\$53.00
Hepatitis B Surface Antibody (no copay)	\$40.50	Once (initial visit)	\$40.50
Hepatitis B core antibody IgM (no copay)	\$91.50	Once (initial visit)	\$91.50
Metabolic panel / creatinine test	\$29.00	Bi-annual	\$58.00
Gonorrhea & Chlamydia Screening			
1 site	\$123.00	Quarterly	\$492.00
2 sites	\$246.00		\$984.00
3 sites	\$369.00		\$1,476.00
Syphilis Screening (no copay)	\$61.50	Quarterly	\$246.00
Pregnancy Test	\$29.00	Quarterly	\$116.00
Medical Services			
Primary Care Physician Visit	\$97.00	Once (initial visit)	\$97.00
Follow up Primary Care Physician Visit	\$50.00	Quarterly after initial visit	\$150.00

Apretude: long-acting injectable PrEP medication available at ~\$1,833 per month

HIV RNA test: \$400

ACA PREVENTIVE SERVICES COVERAGE AND COST SHARING REQUIREMENTS

Population	Recommendation	Grade
Persons at high risk of HIV acquisition	The USPSTF recommends that clinicians offer pre-exposure prophylaxis (PrEP) with effective antiretroviral therapy to persons who are at high risk of HIV acquisition	A

- The ACA requires most private insurance plans and Medicaid expansion programs to cover U.S. Preventive Services Task Force (USPSTF) services with a Grade A or B without cost sharing
- The mandate applies to all non-grandfathered plans, including ACA Marketplace plans, fully insured group plans, and self-insured plans
- In June 2021, federal agencies clarified that the coverage and cost-sharing requirements include not only the PrEP medication, but all of the labs, clinic visits, and counseling services that go with the medication
- The federal guidance also clarified that plans could preference one medication over another as long as clinical criteria were followed (i.e., plans can preference generic TDF/FTC over Descovy as long as there is exception for clinically recommended access to Descovy)
- The USPSTF is currently finalizing an update to the USPSTF recommendation for PrEP that will include Apretude as well

COMPLIANCE WITH THESE COVERAGE AND COST SHARING REQUIREMENTS HAS BEEN AN ISSUE...

☰ **CNN** health Life, But Better Fitness Food Sleep Mindfulness Relationships

Many Americans still paying high costs months after insurers were ordered to cover HIV preventive care

By Sarah Varney, Kaiser Health News

Published 6:19 AM EST, Mon February 28, 2022

The Boston Globe

Despite federal rules, HIV prevention drug still comes with costs

The billing errors have forced some to stop taking the medicine, putting them at heightened risk of contracting the virus.

By [Jessica Bartlett](#) Globe Staff, Updated January 8, 2023, 4:58 p.m.

CHALLENGING COST SHARING CHARGES FOR PREP



What kind of plan do I have?

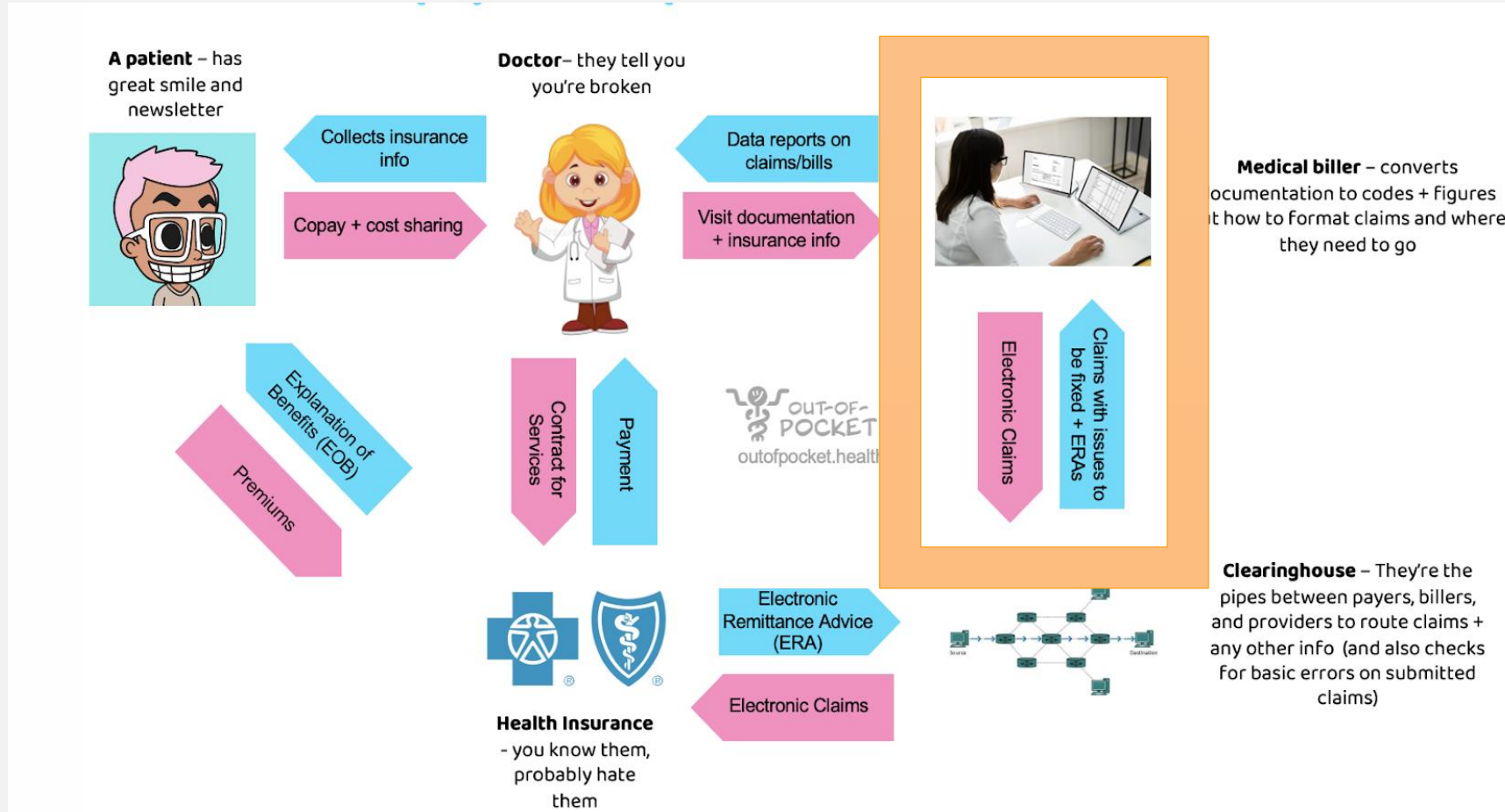
- Qualified Health Plan (I bought it through the Marketplace or in the ACA regulated individual market)
- Group fully insured
- Self-insured (usually large employers)
- Non-federal government plan (e.g., municipal)

Where should I file a complaint?

- Plan
- Benefits administrator
- Employer Human Resources
- State Department of Insurance
- Department of Labor (DOL)
- Centers for Medicare and Medicaid Services (CMS)

[NASTAD's Complaint Template](#) Can Help!

BILLING AND CODING OH MY!



BUT WHAT ABOUT BRAIDWOOD...

- In March, a federal district judge in Texas issued a nationwide injunction immediately striking down the ACA's requirements for plans to cover USPSTF Grade A and B services issued before 2010 without cost sharing
- The federal government has appealed the decision and has asked for a "stay," during appeal, which would leave the coverage and cost-sharing requirements in place during the appeal
- There is a lot at stake on appeal as the plaintiffs have filed a cross appeal attempting to get *all* of the ACA's preventive services struck down, not just the USPSTF services
- BUT... reason to believe that plans won't immediately end coverage of preventive services without cost sharing

QUESTIONS

Amy Killelea, amyk@killeleaconsulting.com

Question?
Comments.
Let's Chat.



Mentimeter Survey

Next PrEP Navigator Peer-to-Peer Group

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- Date - July 2023
 - NASTAD will release a memo with the new confirmed date and registration.

Stay Updated! NASTAD PrEP Access Listserv Sign-up



SCAN ME

