



Trauma Informed Approaches to Status Neutrality Workshop Agenda November 7-9, | Location: Charlotte, NC

The goal of this meeting is to equip southern Health Department and Community Based Organizations with the knowledge, skills, and abilities to increase status neutral implementation of trauma informed approaches in the South. By the end of the Trauma Informed Approaches (TIA) to Status Neutrality workshop, participants will be able to:

- Understand how trauma and healing impacts individuals engaged in status neutral services.
- Identify opportunities for incorporating trauma informed approaches and healing-centered engagement along status neutral pathways.
- Develop action plans for TIA implementation in participants respective programs.
- Implement trauma informed activities in their programs.

DAY 1: Tuesday, November 7, 2023

5:00 PM - 7:00 PM	Opening Night Welcome: Introductions and Energizer All participants come together for the first time to meet each other and hear directly from program facilitators on the purpose and scope of the workshop. Participants will be invited to share out what TIA activities they are currently working on. Light refreshments will be provided.
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DAY 2: Wednesday, November 8, 2023

8:00 AM - 9:00 AM	Breakfast
9:00 AM - 9:30 AM	Welcome, Introductions, and Expectations NASTAD will share an overview of the organization and technical assistance offerings. Participants will briefly introduce themselves. NASTAD will provide an overview of Day 1 and 2 and what participants should expect throughout the meeting. NASTAD will review community agreements for the workshop space and invite participants to add additional agreements.

9:30 AM - 10:45 AM	<p>Understanding Trauma and the Status Neutral HIV Pathways: Part 1</p> <p>The first part of this foundational session will define trauma and cover some key areas to understanding trauma, including NEAR science. This session will also look closer at what it means to be status neutral.</p>
10:45 AM - 11:00 AM	<i>Break</i>
11:00 AM - 12:00 PM	<p>Understanding Trauma and the Status Neutral HIV Pathways: Part 2</p> <p>The second part of this foundational session will continue covering some key areas to understanding trauma, including: intersectionality, vicarious trauma, and trauma’s impact across status neutral pathways.</p>
12:00 PM -1:00 PM	<i>Lunch</i>
1:00 PM - 2:15 PM	<p>Trauma Informed Approaches to HIV Services</p> <p>This session will examine what it means to be “trauma informed” and will dive into each of SAMHSA’s six principles of trauma-informed approaches. Participants will engage in discussions on ways they can incorporate the six principles into their organization’s service offerings and will review actions they can take to assist their organizations with becoming more trauma informed.</p>
2:15 PM - 2:30 PM	<i>Break</i>
2:30 PM - 4:00 PM	<p>Translating Theory into Practice</p> <p>During this session, participants will rotate around the room engaging in different activities to help practice what they’ve learned earlier in the day. Activities will include role-play exercises, support check-ins, reflection assessments, and more. Activities will build off the foundational content covered earlier in the meeting.</p>
4:00 PM - 4:30 PM	<p>Day One Closing and Reflection</p> <p>During the re-cap, closing, and reflection participants will share takeaways from day one and will receive a preview of what to expect during day two of the meeting.</p>

DAY 3: Thursday, November 9, 2023

8:00 AM - 9:00 AM	<i>Breakfast</i>
9:00 AM - 9:30 AM	<p><i>Welcome and Day 2 Recap</i></p> <p>NASTAD will welcome participants back for day two's session and will lead participants in some grounding exercises. A small recap of day one will be shared, as well as a highlight of what day two will offer.</p>
9:30 AM - 10:45 AM	<p><i>Status Neutral Workforce Wellness: Organizational Culture and Resilience</i></p> <p>At the agency level, trauma can have significant impacts on the health and culture of an organization. This session will discuss organizational trauma and organizational resilience.</p> <p>Nicole H</p>
10:45 AM - 11:00 AM	<i>Break</i>
11:00 AM - 12:00 PM	<p><i>Compassion in the Workplace</i></p> <p>Workforce wellness is central to TIA. This session will define what it means to be compassionate in a professional setting and will provide tips on how to increase compassion in the workplace using Roffey Parks' "Compassion in the Workplace" model.</p>
12:00 PM - 1:00 PM	<i>Lunch</i>
1:00 PM - 2:30 PM	<p><i>Implementation of Trauma Informed Approaches Status Neutrally and Action Planning</i></p> <p>This session will explore opportunities to incorporate TIA throughout status neutral pathways through a series of discussions. Additionally, participants will review different steps and activities they can take towards TIA implementation in their jurisdiction and begin developing an action plan.</p>
2:30 PM - 3:00 PM	<p><i>Celebration and Closing</i></p> <p>This session will include a celebration of the participants for their interest and commitment to bringing TIA to their communities. The celebration and closing will include additional opportunities to learn more and stay connected with NASTAD and with each other.</p>
3:00 PM	<i>Adjourn</i>