Us Helping Us, People Into Living, Inc.:

Community-Based Institutions @ the Center of Health Equity

An Internal Case Study

October 11, 2023

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Us Helping Us: The Beginning

- Founded in 1985, and later incorporated on October 5, 1988.
- Self-help support group; followed principles of mind, body and spirit.
- Today, the oldest and one of the largest Black gay-founded/led HIV service organizations in the U.S.
- Mission: To improve the health and well-being of Black gay men* & to reduce the impact of HIV/AIDS in the entire Black community.



A Historical Perspective: The Coming of a **Community-Based Leader in Sexual Health**

Continued Direct Funding from CDC: >\$7M **PS11-1113 (DENIM)**

PS10-1003 PS15-1502

PS17-1704

Dr. Hickson

named ED

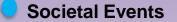
First PrEP

HIV progress/ Ending the HIV Epidemic

12-Week

Curriculum

- **Organizational Development & Sustainability**
- **HIV Prevention, Treatment and Care Funding**



1st AIDS

Case

1981



HIV AZT condoms among **BSMM**

ART Closed

1996 1999 2000 2002 2004

for HIV PrEP testing Grindr

PS09-094

2008-2010 2012 2015-'17

COVID-19

Prescription First NIH-

2nd NIH Study (R01)

HIV Primary

Care

Injectable

ART & PrEP

funded study

DC CFAR

Member

MPX

201920202021-

Dr. Simmons: First ED: Org.

Budget: \$8,000

ClubHouse

'90-2 1993

Us Helping Us Purchases 3636 Georgia Avenue

Us Helping Us: Evolving as Community Evolves

- An experienced institution
- Addresses the unmet needs of underserved, marginalized, and overlooked populations
- Racial, [sexual and gender minorities], people [living & thriving with HIV], and persons with mood and substance use disorders & experiences of homelessness

Current Programs, Services and Activities

PrEP & PEP services, including education and navigation services

HIV treatment (Ryan White: Outpatient Ambulatory Medical Services)

Integrated HIV/STD Testing, incl. Syphilis, gonorrhea, Chlamydia, Hepatitis C

STD Treatments & Vaccinations (HPV, Hepatitis A & B)

TeleHealth services, incl. TeleScreening, TeleMental Health, TeleCase Management

Psychotherapy / Counseling

Behavioral HIV Interventions (e.g., Healthy Relationships)

Case Management (Medical, non-Medical, Housing)

Psychosocial Support Groups (Various)

Community-Based Outreach & Education (Mobile Health)

Syringe Services Program (Needle Exchange)

Drop-In Center: The DENIM Collection

Workforce Development (Project GROWTH, Peer Educators)

Research: Epi of HepC; SNS and PrEP; SRD and PrEP

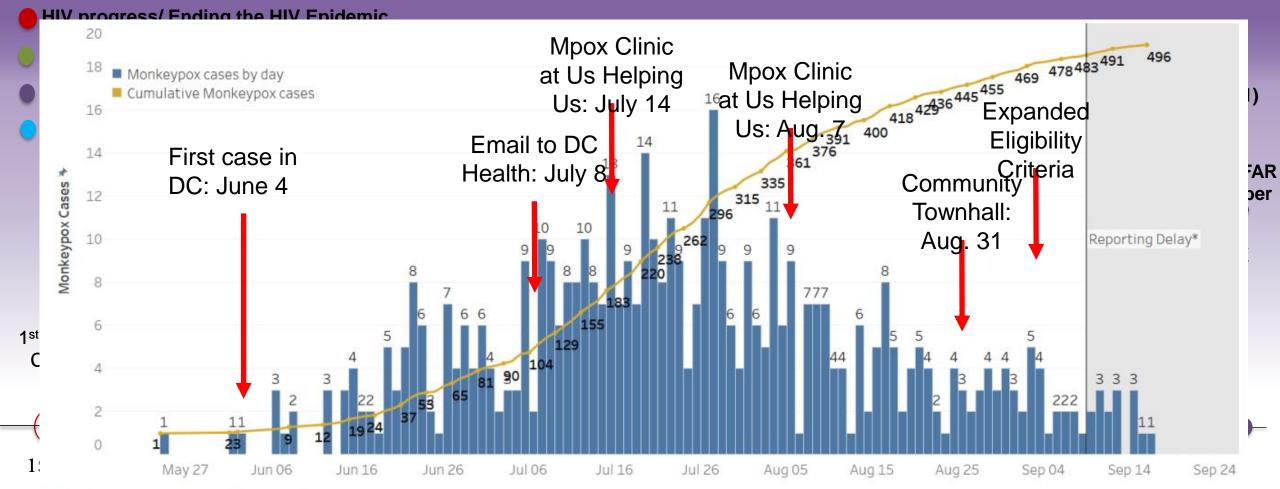


Us Helping Us: Not by Happenstance

- Half of the Board are Scientists; Chair of Academic Departments, Political & Community Activists.
 - 100% Giving Board; % Giving Team*
- Org. Led by a PhD-trained Biostatistician/Scient
 - Very few, if not the only. Protocols are rigorous.
- Team is culturally congruent.



Us Helping Us: A Community-Based Leader on the Frontlines of Mpox



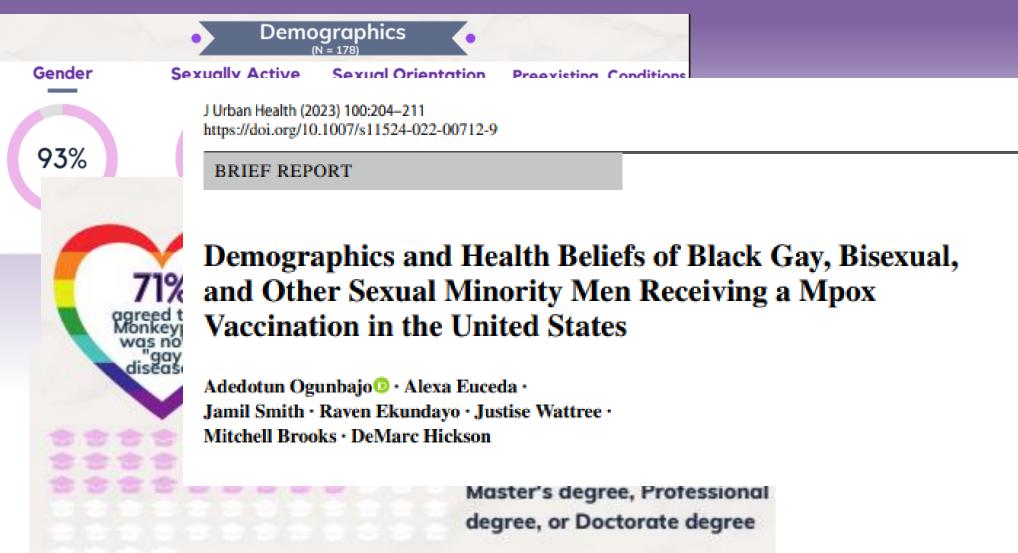
Data Source: DC Health (as of 9/27/2022)

Cases are included by date of symptom onset if known, or date of estimated symptom onset (6 days prior to specimen collection date)

* Infections that began during this time period may not yet be reported

Data are subject to change

Us Helping Us: A Community-Based Leader & on the Frontlines of Mpox

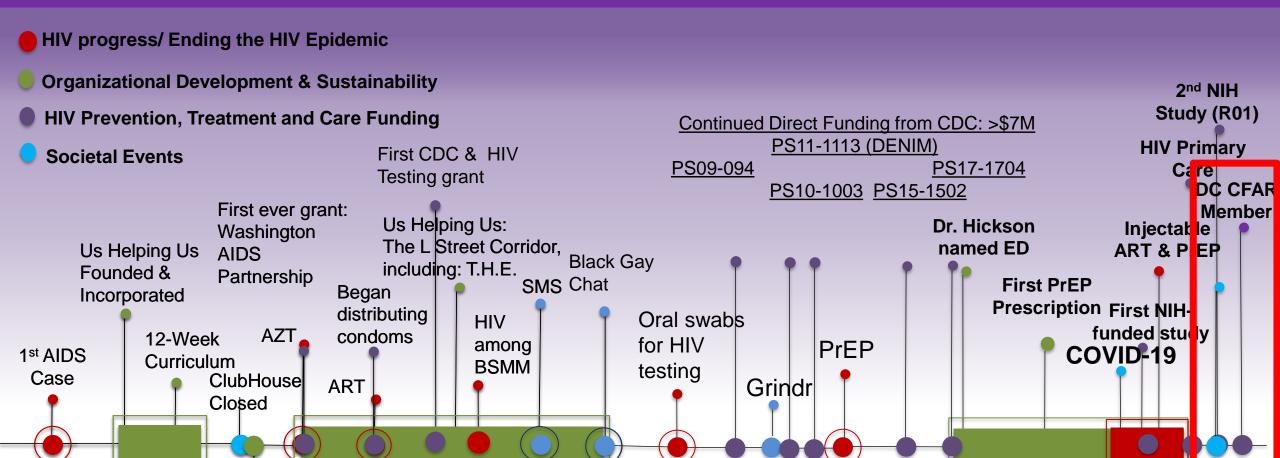




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1981

Us Helping Us Presents......



2006

1996 1999 2000 2002 2004

Dr. Simmons: First ED; Org. Budget: \$8,000

1985-1988 '90-2 1993

Us Helping Us Purchases 3636 Georgia Avenue

2008-2010 2012 2015-'17

201920202021-



Community-Informed Research

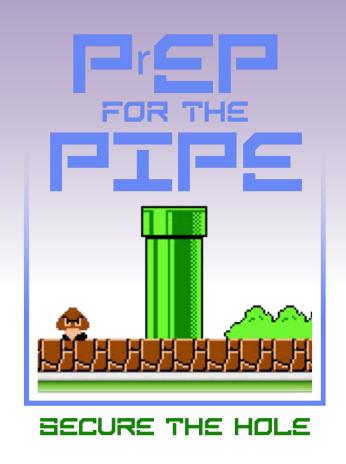
Active Research Study Protocols

- 1. Epidemiology of HepC in Black & Latino Sexual Minority Men in Washington, DC & Dallas, TX
- 2. PrEP Initiation and Adherence Among Black Sexual Minority Men: A Social Network-Level Intervention
- **3.** Structural Racism and Discrimination and its Impact on HIV Testing and PrEP Outcomes among Black SMM in Washington, DC & Dallas, TX
- **4.** A mixed methods study of the association between engagement in LAI PrEP, sexual health screenings, psychosocial health, and substance use among key populations in Washington DC
- **5.** Developing and pilot testing a multidimensional intervention to improve HIV care outcomes among recently incarcerated people living with HIV in the Washington DC metropolitan area
- **5.** Adapting and piloting a group intervention to address intersectional stigmas, and support shared resiliency and HIV wellness, among Black sexual minority men in Washington DC
- 6. Designing and piloting a pharmacy-based PrEP delivery model for Black Adults in Washington, DC
- 7. Identifying socioecological profiles that impact changes in care outcomes among Black Sexual minority men living with HIV
- **8.** A randomized clinical trial of client-centered care coordination to improve pre-exposure prophylaxis use for Black men who have sex with men



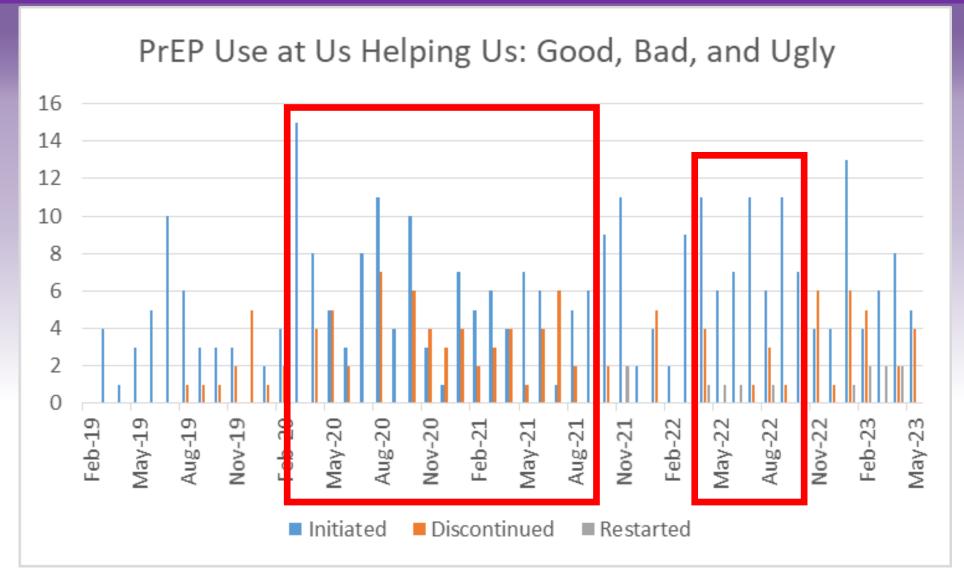
Us Helping Us: Are you PrEPared???

- PrEP Education & Navigation: 2012-present
- First prescription: February 21, 2019
- Rapid PrEP Initiation Model*
- Offering TelePrEP in the DMV (pilot: US)





Service Utilization: PrEP Care

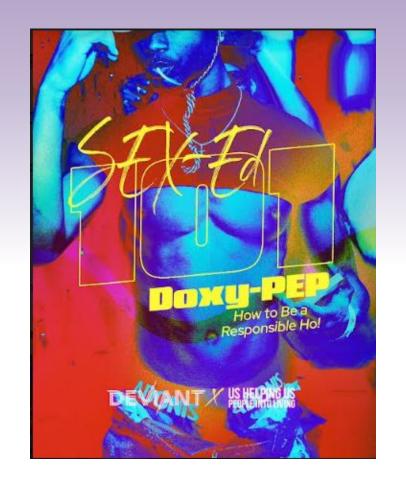


- Initiated: 299
- Discontinued:110
- Restarted: 13



STIs: No One Cares Anymore

- Integrated HIV/STI Tests (2022): 2,342
 - Reactive: 417 (17.8%)
 - Repeaters: 212 (9.1%)
- doxyPEP: Launch during DC Black Pride
 - In collaboration with DC Health & Deviant Events
 - 67 samples distributed between Friday & Sunday
- How can you help?
 - Standing orders
 - Provide public health pricing to organizations



The Blueprint to Eliminating Inequities & Ending the HIV Epidemic

SAMHSA: \$125,000

DC Health: \$187,500

Prince George's: \$31,000

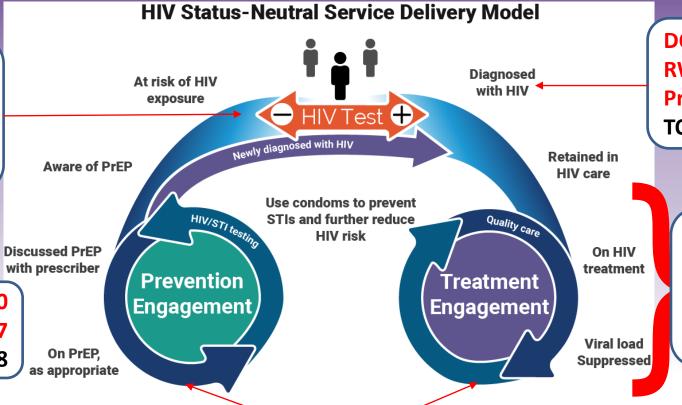
Montgomery: \$42,000

TOTAL: \$510,500

DC Health: \$112,500

RWhite Part A*: \$122,727

TOTAL: \$235,228



DC Health (EIS MAI): \$63,636

RWhite Part A*: \$122,728

Prince George's: \$31,000

TOTAL: \$217,364

RWhite Part A: \$727,244

RWhite Part B: \$306,823

Prince George's: \$81,000

Gilead Sciences: \$233,333

TOTAL: \$1,348,400

NIH: \$1,135,689

CFAR EHE Suppl: \$527,610

ViiV Healthcare: \$348,400

TOTAL: \$2,011,699

EFA (Broadway): \$35,000

ViiV Health: \$200,000

Gilead Sciences: \$600,000

GenOps**: \$600,000

TOTAL: \$1,435,000

DC Dept. Bev. Hlth: \$35,000

Dept Hum Serv: \$300,000

Prince George's: \$200,000

TOTAL: \$1,235,000



Government (Health Department) Partnerships













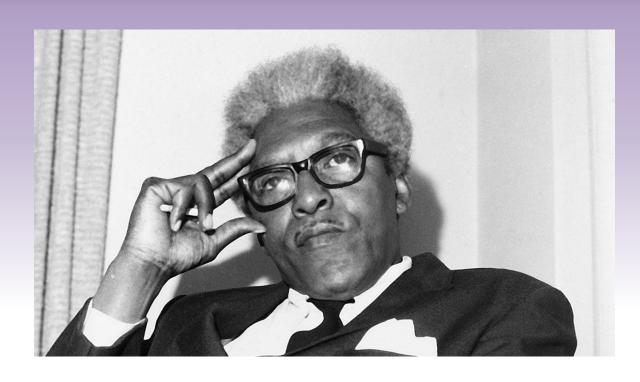






- True Community-Government Partnerships
- Community-Based D.I.S.
- Sole source demonstration projects
- Continued and Furthered Support for Community-Based Institutions (not Organization; Continuously Broke Organization).

Questions & Donate



Us Helping Us History Video: www.youtube.com/watch?v=N5PG384vEOE



