



Locally-Developed HIV/AIDS Prevention Interventions

For more information on intervention activities, use of new technologies, costs, lessons learned, evaluation results and more, please view the full intervention profiles

Title	Population Served	Theory	Level	Length of One Cycle/Number of Sessions	Jurisdiction
Shawl Circle	American Indian women	Health Belief Model Diffusion of Innovations Theory	Group	2-day training 12 months (to educate 10 women)	Florida
Community HIV/AIDS Risk Management System (CHARMS)	Chemically dependent women 18-35 years of age residing in substance abuse treatment centers	Cognitive Learning Theory	Group	6 sessions 6 weeks	Kansas
Developing Inner Voices to Action (DIVA)	Black women 13-19 years of age	Social Cognitive Theory	Group	9 sessions 8-10 weeks	Missouri
Nizhoni SISTA	Navajo and other Native American male-to-female transgender women	Social Learning Theory Theory of Gender and Power	Group	4 sessions 4 weeks 1 session 2 months following conclusion	New Mexico
Positive Adventures	HIV-positive individuals of all races/ethnicities	Behavior Change Theory with adventure-based	Group	2-4 days, as a long weekend trip	New Mexico

	and ages	experiential education		or spread out over multiple weeks	
Prevention Options for Positives (POP)	HIV-positive men who have sex with men (MSM) of all races	Social Cognitive Theory Theory of Reasoned Action	Group Individual	9-11 sessions	Michigan
Teen Prevention Education Program (Teen PEP)	Adolescents (15-18 years of age) of all races/ethnicities enrolled in public high schools	Social Learning Theory Health Belief Model Principles of Youth Leadership Development	Group Individual	1 school year	New Jersey
AIDS Prevention and Technology (A-Tech)	High risk adolescents and young adults ages 13-21.	Trans-theoretical Model of Behavior Change Positive Youth Development Cognitive Learning Theory	Group	20 sessions 20 weeks	New York
Decisions for Life (DFL)	Young people, ages 16-24	Social Cognitive Theory Theory of Reasoned Action Stages of Change Theory	Group	4 sessions	Pennsylvania