

NASTAD HEALTH DEPARTMENT
REGIONAL FORUM BLACK WOMEN and HIV/AIDS:
CONFRONTING THE CRISIS and PLANNING for ACTION

“A FORWARD THRUST”




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(STAR)
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Resilient

Definition:

-  1.springing back; rebounding.
-  2.returning to the original form or position after being bent, compressed, or stretched.
-  3.recovering readily from illness, depression, adversity, or the like; buoyant.



Un-Relenting

- 1. Having or exhibiting uncompromising determination; unyielding: *an unrelenting human rights worker.*
- 2. Not diminishing in intensity, pace, or effort:
- 3. refusing to relent or take pity
- 4. not diminishing in determination, effort, or force




Resilient

- Never give up
- Keep on holding on
- Never let go
- Always stay strong
- Go wherever
- Do whatever
- Say whatever
- You just tell me
- And We will never give up!!!







Why Women Cry IV



**RESILIENT &
UN-RELENTING:**
Got Up Not To Give Up!



*"Be the change that you want to see in the world".
Gandhi*

